

Enabling Good Lives

Christchurch

Director's Report

Gordon Boxall

Director Enabling Good Lives



First, my thanks to Monique for encouraging everyone to take the time to contribute to the newsletter and share your personal stories. Spring is in the air and the days are starting to get longer although that means our time is getting shorter with just 10 months now to the end of the Demonstration.

With that in mind, we have been working hard to calculate what we can achieve by the end of June 2016 and ensure that what is in place for EGL participants and families is sustainable when the Demonstration team is no longer here. We have 175 people currently participating in EGL here in Canterbury. Some important decisions will be made over the coming weeks so keep an eye on the website for news in this area.

New to the website is the first of a monthly video blog and my appreciation goes to Jade Farrar who is also an EGL National Leadership Group member of the Joint Agency Group (the governance group for Enabling Good Lives) for his video production skills in making this happen. Please do take a look, respond with your feedback and subscribe to future editions. The direct link to the blog is: <https://youtu.be/nTjfk9koU2E>

Along with the great stories in the main body of the newsletter, I acknowledge the progress being made to create more flexible contracting arrangements. We hear that some families would like more choice and control but not necessarily all of the additional obligations this can bring. We trust this will open up new ways of working between participants and providers to their mutual benefit. This has been a classic example of the complexity (and time) it takes to complete the behind the scenes work in order to create something that is easy for disabled people and families to understand. However, once in place it should be much easier to expand/scale up as desired.

The Health and Disability Commission Guides 'Know your rights' that were co-designed with EGL participants and families are now produced. They cover three areas: 'Starting off right – Setting up a good relationship with your support workers'; 'Personal Space – Support workers in your own home' and 'Sorting things out – Preventing or resolving problems and making complaints.' Contact Monique if you would like a copy; they can also be found on the EGL website.

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Employment Forum

One EGL family member is keen to ensure work continues on the amount of information and advice that is available in the area of employing support staff. She is leading some work on this with the support of Community Law, Canterbury.

We are working with People First to ensure EGL participants can benefit from their 'Keeping Safe, Feeling Safe' project, and expect this to result in some practical workshops being offered to EGL participants in the near future.

Employment continues to be a key ambition for participants of EGL and it is good to see examples being celebrated within this edition. The examples underpin the importance of partnerships too with schools and providers contributing greatly to these successes. We recently facilitated an Employment Forum in conjunction with an EGL family member and will continue to seek how we can best link the ambitions of EGL participants with the work opportunities in our communities.

We are looking closely at a couple of areas that seem important to address; one is around identifying Agents to assist people who need additional support to manage their budgets and the second is how we can best support families who are so busy supporting their family member they are struggling to find time to engage with EGL. With regard to the latter, we have made contact with the Complex Care Group – a family run organisation to see if they can assist.

Many thanks to the five wonderful EGL families who agreed to have their story recorded on film. Editing is now complete and the videos should be up on the website very soon. We are looking to compile a summary with snippets from each video which emphasise the EGL principles but they are all well worth viewing in their entirety. There is nothing like first-hand experience to inspire other people.

Finally, many thanks to those of you who have been involved in our evaluation processes. We have followed

up on the Feedback Loop exercise with the families randomly selected. This is a check on what is working and whether there remain issues we should be addressing within the Demonstration to make things work more smoothly and in line with the EGL principles. I expect a report on this within the next week or so. A wider evaluation of key people and agencies with a selection of families according to different criteria is also in progress and as part of this the Evaluators are looking to test some Quality of Life indicators. So, with apologies if you feel 'evaluated out' these are all important ways to help us understand the impact of EGL on your lives and will directly inform decision-makers about what works, what doesn't and what can be done to make things better.

Please do contact me directly if you have any concerns and if you feel inspired to share your EGL story then we would love to include it in our next edition.

Enabling Good Lives and Provider Connections

Richard Buchanan, Manager of Provider Relationships and Personalised Funding

Over the last few months, the Enabling Good Lives (EGL) team have been working closely with Inclusive NZ and NZDSN (the two national provider umbrella organisations) to design and implement a number of opportunities to assist and support providers as they work towards personalising their services in response to a changing landscape. NZDSN are offering a series of workshops aimed at assisting providers adapt the way they work to meet the changing expectations of disabled people and their families. Details of these workshops are

provided below or go to the NZDSN website for further information www.nzdsn.org.nz. Inclusive NZ, in conjunction with EGL, will soon be launching a number of opportunities to assist providers to use the organisational self-review process as a way of aligning their services with the principles of EGL - further details out soon. Inclusive NZ will also be leading a 'community of practice' for providers and schools aimed at ensuring that there is a mechanism for sharing information, responding to issues and promoting innovation within the local

sector, especially after June 2016.

A payment mechanism has been introduced recently that enables



those EGL participants who choose to use their high needs or very high needs funding to purchase support from providers, to pay for this easily. This is called a Third Party Payment Agreement and allows the provider to invoice Manawanui on the EGL participant's behalf. It is imperative that the EGL participant

(or their representative) agrees with the provider what services/supports will be provided and how much this will cost. The benefit of entering into this agreement includes the GST portion of invoice payments not coming from EGL participant's personal budget.

The monthly Provider Lunchbox

sessions are continuing to be held in the Ministry of Social Development offices at 7 Winston Ave, Papanui on the last Tuesday of every month between 12-1pm. Provider and school representatives are welcome to come along and join conversations, ask questions and highlight opportunities.

NZDSN Provider Development Programme

LEADERSHIP WORKSHOP

'Alert and ready? Thriving or striving?'

Building organisational responsiveness in a changing environment

Presented by Dr Judith McMorland and Hazel Hodgkin (CGO Transitions LTD)

Christchurch – Thursday 1 October

LEADERSHIP WORKSHOP

Choice, control and flexible funding'
Presented by Carmel Henry
(Webcare and Kellen)

Christchurch – Friday 23 October

Leadership workshops are intended for Senior Managers, Team Leaders and Board Members

PRACTICE WORKSHOP

'Developing the conversation on Natural Networks: Foundations for the good life'

Presented by Tony McLean
(Imagine Better)

Christchurch – Thursday 26 November

Practice Workshops are intended for people providing direct support, Managers, professionals, parents and carers



New Zealand
Disability Support Network
kia tū tahi tātou

More information and registration can be found at www.nzdsn.org.nz or email admin@nzdsn.org.nz

Families and Community Development

Annette Van Dongen and Hannah Perry

Co-Managers Families and Community Development

Kia ora!

As Co-Managers of Family and Community Development we have enjoyed the challenges of the last few months. Along with the day to day individual work with families we have become involved in wider system transformation. This is a learning curve for us both, but we keep at the forefront of our minds the end goals; that all disabled people live great lives, along with other New Zealanders. This keeps us focused on the changes required for this to happen.

As the rebuild of our city progresses, we are encouraged by the range and richness of opportunities within our local communities. Our Facebook page is a great place to share information, contacts, events and ideas. It's private, so you won't be able to find it by searching, but please email Monique@eglives.co.nz if you'd like to join.

Thanks to the generosity of Te Pou and the Ministry of Health we are able to host some more 'Family Capacity Building' workshops; facilitated by disabled persons and families, for disabled people and families. Please see more information for some upcoming sessions (on being a part of the community and on social change) on page 10 of this newsletter. Please remember you don't have to be connected to EGL to come; individuals and families are all welcome.

Finally, please check out the article on Navigation on the next page, as we are working to ensure that following this demonstration, there will be skilled, trained and connected independent facilitators throughout our community. If you know someone who would be an awesome Navigator, we'd love to meet them at our 'Induction Evening' on Tuesday 6th of October; please contact Hannah@eglives.co.nz or Annette@eglives.co.nz for more information.



Imagine Better Assemblies

ImagineBetter is hosting its first ever South Island conference event in Christchurch on 16 and 17 November. The two-day Assembly will be held at the Rydges Hotel on Latimer Square and has a new group-discussion format.

Participants will explore the theme: "Connections, Community, Citizenship: How can we increase our community connections and gain the most value from them?"

Presenting partners Margaret Wheatley, Jeder Institute and Future by Design will introduce group-discussion tools that will enable participants to find new ways to increase their networks and benefit from them.

The Assembly will include an Expo for organisations and micro-businesses, and a social function.

Assemblies will also be held in Auckland on 9 and 10 November and Wellington on 12 and 13 November.

Find out more and register at www.imaginebetter.co.nz

ImagineBetter Assemblies
Connections, Community, Citizenship

Auckland 9 & 10 November
Wellington 12 & 13 November
Christchurch 16 & 17 November

Think differently.

IMAGINE BETTER

imaginebetter.co.nz

Expanding The Pool Of Navigators

Enabling Good Lives has always envisioned that skilled independent facilitators (or 'Navigators') would be available to assist a disabled person and their whānau to build and maintain relationships and support networks in the community, access mainstream community-based services and activities, and identify opportunities to connect and contribute to the community. The Navigator assists the person to identify their aspirations and goals, and supports them to develop a plan to achieve them.

Currently, Enabling Good Lives (EGL) has employed a group of Navigators and independent contractors which families have chosen a Navigator from. The principles of EGL mean that families should have more choice and control, and that they look to all opportunities available in the community. This applies to choosing Navigators as well! What we are trying to do now is encourage families to look within their own communities and networks for a person (or people) to 'navigate' with them and their family member.

The most important thing is that a Navigator is:

- Independent (they do not benefit from any of the choices you make)
- A facilitator (they might make it EASIER for you to do things, but they don't do things for you)
- Working with you in an "Enabling Good Lives" way

EGL participants are encouraged to see if they know someone in their own community; maybe another family, a community coordinator, or someone else in their life, and ask them to be their Navigator. During the Demonstration, EGL can engage Navigators that families nominate and help them to learn about how to work in an "EGL way", what the principles of EGL are, how the flexible budget works, and who else might be able to help.

An 'Induction Evening' for potential Navigators is planned for **Tuesday the 6th of October**; please contact Hannah or Annette to find out more.

CONTACT DETAILS:

Annette 029 201 4841 / 03 961 4305 / email annette@eglives.co.nz

Hannah 021 668 949 / 03 354 5515 / email hannah@eglives.co.nz

Janelle's Planning Her Good Life After School

Young People Hear See Walk Together

This group has met four times so far this term, and there are more young people coming which is great!

Hanna Deal the facilitator says it's a good opportunity for people to share ideas about their life and the future.

The sessions have covered topics like:

- What do you want to do in life?
- What are your dreams, goals and how are you feeling about your future right now?
- What do you want to study?
- Where do you want to work?
- How can you get involved in the community?

People get homework; e.g. to collect a brochure of somewhere they might like to study and bring to share with the group.

Next term's workshops are looking even better, with guest speakers and role plays planned. All young people are welcome; for more information contact Hanna Deal (text 027 857 0744).

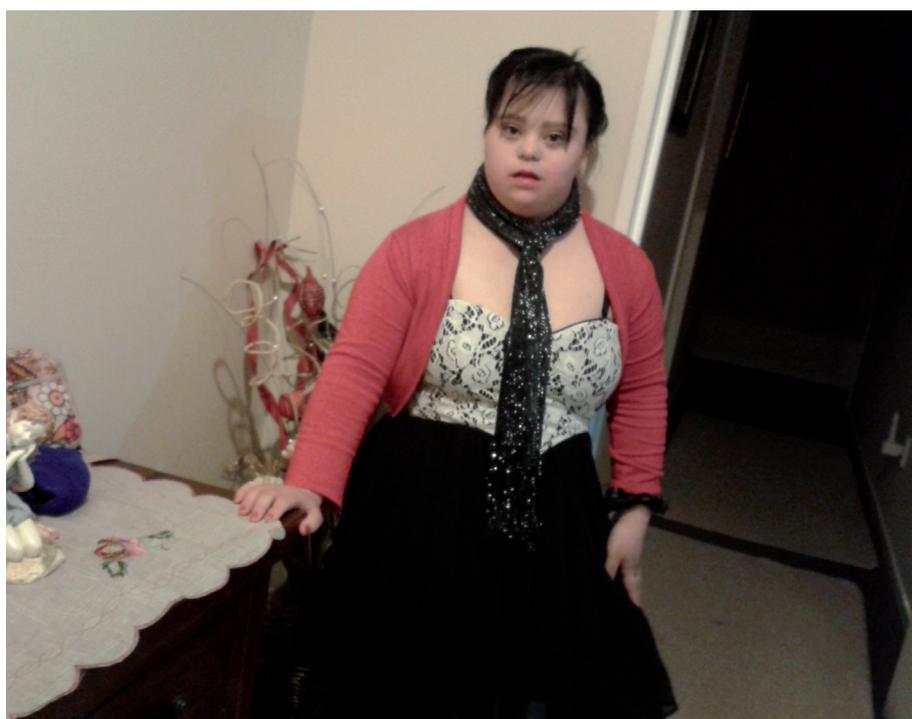
These workshops are made possible due to the generosity of Te Pou and the Ministry of Health.

Janelle is in her final year at Papanui High School and is busy planning for her life after school. Janelle is an incredibly social young woman who loves spending time with her friends and getting out in her community. Janelle is learning to use the bus system and has been catching the bus from CPIT to school. She would like to build up her confidence, so she can get herself around independently. Janelle enjoys arts and crafts, and particularly likes making loom bands which one day she would like to sell. Janelle also loves travelling around the world, listening to her favourite radio station, the Edge, and playing tennis. She enjoys writing stories and would like to be a writer.

Recently she celebrated her 21st birthday with a big party with her family and friends. There was lots of dancing, especially to One Direction (Janelle's favourite band), eating of birthday cake and fun had by all.

Janelle is doing work experience at Station One Café and Beacon House. Station One Café has offered Janelle paid work next year. Congratulations Janelle! Alongside work experience and school, Janelle is highly involved in Jolt, which she loves. Dancing and acting are two of her passions, so she is looking forward to focusing more on this next year. She is going to be doing Move with Lyn Cotton from Jolt as well. Janelle's dream is to act on Shortland Street.

Janelle has many other goals, which she is excitedly working towards, some of which include going flatting with friends, getting her driver's licence, selling her loom bands online or in a market and acting. Watch out for Janelle!



Lucy's Dancing Her Way To Her Good Life

Lucy Dassanayake (Owen) has had a fun year being part of the NZ Model and Talent team and Star Jam in April. She is now part of Enabling Good Lives and has achieved so much confidence by taking part in the show, according to her mother, Lynette. She modeled outfits for the retailers of Barrington Mall, with spot prizes and entertainment. The event helped raise money to help Star Jam continue its important work.

Star Jam gives young people with disabilities the chance to perform through dance and movement. Lucy joined Star Jam and now gets to dance and sing every Thursday.

Lucy also attends the CPIT Work Skills course and is trying out other new activities this year with the help of her Navigator, Jackie. Lucy loves her time dancing and singing at Star Jam.

Lucy is looking forward to being a very special model at the end of the year for her sister's wedding where she will play a star role as bridesmaid and is enjoying the fun of choosing outfits and hairstyles.



Working with Providers

John Grant, SkillWise

For many Enabling Good Lives (EGL) participants that work with SkillWise, their primary focus is to find employment. The essence of our role is to work with individuals in a personalised way, to ensure the best possible employment outcomes and we believe this approach to be consistent with the principles of EGL.

We support a range of people which has created many networks and established a variety of contacts in the wider community. As EGL participants have come to SkillWise, we get to know them and their individual aspirations and endeavour to connect people within the many and varied networks we have access to. A lot of what we do is facilitation based and so we connect people with opportunities such as volunteer work, work experience, paid work, or further study.

Currently we are really excited about supporting micro-enterprise initiatives. One example of this is assisting an individual to establish a business based around his very unique artwork. SkillWise assists in the backbone function helping to setup the business, marketing, sales and managing the day to day activities of the business but the artist remains at the centre and is responsible for decision making in partnership with the person's family. This ensures that people retain control of their intellectual property. It is really important to keep 'person-centred' as we look to ensure the person controls the use of existing networks and building relationships while focusing on being 'mana-enhancing' when nurturing someone's interest, skills and talent to create a business.



"Bridging the gap for
people with disabilities"



On Mondays Ashleigh Waller goes to an art class, Art Metro, in Papanui. Ashleigh says,

"I'm loving painting the pictures."

Jennifer Kwok is a fan of basketball and has played the game herself. Here is Jen at a Halswell Women's Basketball game at Cowles Stadium as a supporter. Jen met the team after the game and is looking forward to going again.



Grace spends two days a week as part of the team at Willowbank Wildlife Reserve. Here she is showing a school group how to feed the eels.

Update On Family Capacity Building

Thanks to the generosity of Te Pou and the Ministry of Health, our Family Capacity Building workshops have been running over the last few months facilitated by local disabled people and families. There is no cost to attend any of these workshops and you do not need to be engaged with Enabling Good Lives - individuals and their families are all welcome.

Dynamic, informative, interactive, interesting and enjoyable were some of the words used by participants to describe a series of four housing workshops held earlier this year. The workshops were for families with a family member who has a disability and is interested in going flatting or living independently. The workshops aimed to discuss the options and issues around living independently in the community.

The workshops first focussed on discussing successful arrangements for independent living that disabled people and their families had already set up and then looked at a range of options including:

- Access to social housing through either the Christchurch City Council or the Ministry of Social Development
- Residential Community Care options
- Supported Independent Living options
- Family-led options and initiatives

Speakers from Work and Income, Christchurch City Council, NZ Care Disability, CCS Disability Action, and Accessible Properties outlined some of the possibilities that exist for independent living. Penny Arthur from Christchurch Community Law led a discussion on legal options including family and charitable trusts, setting up a company and different types of tenancies. Stuart Sexton from Lifetime Design Ltd outlined what to look for in designing, building or renovating a house to be as fully accessible as possible.

Participants shared they particularly liked the opportunity to network and discuss options with families in a similar situation, being able to hear from disabled people who were already living independently in the community and having the options and issues laid out for them to think about and discuss.

Navigators And Community

EGL Navigators recently met a number of community groups to gain an understanding of the opportunities available to people in the community. Presentations, information and contacts were given by TimeBanking, Menzshed, Adult Reading Assistance Scheme (ARAS), Hagley Literacy, Rowley Community Centre, Volunteering Canterbury and Gap Filler. There are so many great projects happening in various communities with the goal of connecting people at a local level. Do you know what's happening in your community?

Family Capacity Building Workshops

Would you like to be more involved and be part of social change in your community?

Ruth Jones and Amy Hartnell from Earthquake Disability Leadership Group would like to invite you to a workshop for disabled people and their families who wish to contribute to and become more involved in their community.

BEING PART OF YOUR COMMUNITY

Monday 5th October 730pm

This workshop will focus on the topics:

- Knowledge of what community is and can be
- Working knowledge of your own community and tools to find out more about your own community
- Knowledge and ideas to become part of your community

MAKING CHANGE AND TAKING ACTION

Tuesday 13th October 730pm

This workshop will focus on the topics:

- Knowledge and skills to 'define a cause' and what should change
- Strategies to join other people in creating social change
- Skills and strategies for creating change and some 'how to' ideas

Venue: Papanui RSA, 55 Bellvue Ave, Papanui

RSVP by 28 September to: edlg.accessiblechristchurch@gmail.com

CIRCLES OF SUPPORT

Are you interested in setting up a Circle of Support for yourself or your family member?

EGL is planning a series of workshops for individuals and families around the importance of circles of supports, as well as the practicalities of setting one up.

If you are keen to join us and like-minded families to discuss, problem-solve, get inspired (and hopefully even set up a circle!), please email Hannah@eglives.co.nz for more details.

Employment Forum

On July the 17th, a forum titled “We want to work too - help us be active citizens” was held to examine job opportunities for young people who are part of Enabling Good Lives. The forum was attended by disabled people, families, Supported Employment agency representatives, Workbridge, business people and EGL representatives.

Key themes to emerge included:

- Evidence about what makes for a great experience transitioning from school to adulthood
- Some local examples of good practice and collaboration
- The number of initiatives that would be great to align with EGL journey

Follow up work is currently being carried out to investigate the possibilities and potentials for some unique and creative work opportunities for young people under EGL.

Keep in touch

Join us on Facebook

Enabling Good Lives has a private Facebook group for participants and families who are involved in the Christchurch demonstration.

To join, email monique@eglives.co.nz.

Subscribe to our newsletter

If you would like to be on our newsletter mailing list, please email monique@eglives.co.nz to be added.

Provider updates

Provider updates are available to those involved in the Christchurch demonstration. If you would like to receive monthly lunch box updates, please email richard@eglives.co.nz

Our website

Our website is now live and being populated with all things EGL. You can find this at www.enablinggoodlives.co.nz. You can also find information at www.odi.govt.nz/eglives.

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Clean Green Laundry

Operated by Prue & her Crew

On behalf of our daughter Prue Gilmour, we have set up a Micro Enterprise Laundry Business based in the Darfield and Kirwee area.

The CLEAN GREEN LAUNDRY LTD (encompassing ECO products) has been in operation since 10th March 2014.

Prue and her assistant offer a pickup/Drop off Laundry service in our Local Selwyn Area (West Melton / Darfield / Kirwee)

We are competitive in our rates and offer a cost effective, quality solution to your laundry requirements

The CLEAN GREEN LAUNDRY Team work together to provide a quick turn around with varying existing clients.

For pricing and/or individual package quotes contact Sandra Gilmour
Home 03 318 1757 Mobile 021 232 8069 Email rjgilmour@xtra.co.nz

Help Prue to Help You!

