

Enabling Good Lives

Independent Facilitation

What is an Independent Facilitator and how do I make the most out of them?

An Independent Facilitator (previously known as an Enabling Good Lives Navigator) is an ally who assists a disabled person and their family to dream big, make a plan for the future and connect with their local community.

When can I work with an Independent Facilitator?

2018 and 2019 school leavers are entitled to **ten hours of free independent facilitation**, with the ability to purchase more hours with your EGL personal budget if you choose to.

What will they do?

Some of the things Independent Facilitators can do with you and your family include:

- Build a trusting relationship; with you and with your family
- Connect with others who are involved; wider family and friends, school, LifeLinks ...
- Help you (and your family) dream and plan about what a good life might look like. Not being restricted to what we might have always thought before, but aiming really high, and then figuring out how to take the first steps towards that
- Helping you access and use your EGL personal budget
- Helping you find out what is in your local community that you might be interested in
- Helping you find out and connect to who else might be able to help. These might be local people in your community, friends and family (perhaps forming a Circle of Support) agencies (e.g. supported employment, Work and Income, Housing NZ ...)
- Help you negotiate with disability support services, if you choose to use them

What won't they do?

Things that your Independent Facilitator won't do (but can help you find the people to do this if you wish) include ...

- Make decisions or speak on your behalf
- Refer you to disability support services (but we'll help you make the most out of them, should you choose to use them)
- Introduce you to the community (but we can help you find out who to connect with)
- Another person's job (e.g. an Independent Facilitator is not a support worker, or a transition teacher or a budget adviser...)

Who will my Independent Facilitator be?

We have a number of Independent Facilitators for you to choose from. Check out the profiles on the next pages, and think about

- Who captured your interest?
- Who has the skills and experiences you think might be helpful?
- Who lives near you so might know what is available in your community?

Please let Hannah Perry know who you would like to work with so that she can connect you with that person. See below.

The intention is for an independent facilitator to be someone who is “just there for me, with no other loyalties”. In Christchurch, because we do a limited amount of work with a small group of young people, the independent facilitators have other roles and do other work. We want to be upfront where there are any potential “conflicts of interest” and have listed other roles and work on each person’s profile.

Regardless of any other roles they hold, EGL Independent Facilitators will not influence a person’s choice, they will help young people and their families to explore all options, and they do not benefit from any of the decisions that are made.

Following your ten hours free independent facilitation, if you are looking to purchase further assistance the most important thing to ensure is that your Independent Facilitator is

- a) Independent (they do not benefit from any of the choices you make)
- b) A facilitator (they might make it EASIER for you to do things, but they don’t do things for you)
- c) Understands the principles of Enabling Good Lives and works with you in an “Enabling Good Lives” way


Although it is likely that for many families the connections and skills you have developed will be sufficient to 'self-navigate'.


Hannah Perry


Enabling Good Lives Christchurch

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<p>What is important to me – How do I enable my good life?</p>	<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Julie Bacon</p> 	<p>Background info</p>
<p>My family and friends are very important to me. I am married and have two adult children and three grandchildren who I spend a lot of time with. I am involved in their lives and I am very useful as an after school carer and I love playing with them.</p> <p>I have a group of good friends with whom I go for long walks in the hills and solve the world's problems or so we think at the time. I play golf regularly but with no skill and am currently starting to play bridge with friends. I enjoy my time at the gym and at regular Pilates sessions. I have been with my book club for many years and I enjoy reading, knitting, sewing at home.</p> <p>I have enjoyed continuing to work with Deaf students in the new navigator role and it is important to me to give them support to reach their goals.</p> <p>I believe that I have a good balance in my life and I endeavour to assist clients to achieve this also.</p>		<p>I have worked in Deaf education for 40 years and have worked with all ages of students but my passion is the transition area where I have worked with students who are finishing school. This is where my new role as a navigator can draw on my past skills and experiences. I have also worked as an ORS teacher with autistic students at schools in the Christchurch area.</p> <p>I have always been involved with the families of the students and have a good relationship with the teachers also. I am familiar with the opportunities open to the students in the Christchurch area and am committed to helping the students fulfil their dreams in the future and to enable them to have a good life.</p>
	<p>Contact via hannah@eglives.co.nz</p> <p>I live in Clifton</p> <p>My other roles / work :</p> <p>I am a relief teacher with Deaf students at van Asch Deaf Education Centre.</p>	<p>What people appreciate about me</p> <p>My colleagues in education have always told me that they admire the energy and professionalism I have brought to the job. They have told me that I am hard working and always do the best I can for the students. They have talked about the way I am always positive and good humoured but persevere to achieve results.</p>

<p>What is important to me – How do I enable my good life?</p>	 <p style="text-align: center;">Lisa Hortin</p>	<p>Background info</p>
<p>My family is very important to me, I have been married for 20 years. I have four children, two girls and twin boys, about to be a Nana for the first time - very exciting.</p> <ul style="list-style-type: none"> • I enjoy riding my 55 year old bike around the city and surrounding areas as Christchurch is always changing. • My children and I enjoy walking around the beautiful walking tracks we have here in Christchurch. Also camping out by the river. • I love catching up with friends over coffee, movies, walks, darts or a lunch date. • Enjoy the warmer months so I can get out into our vegetable garden/garden with a nice BBQ for tea. • I really enjoy learning new things, at the moment I am learning NZ sign language. • Working alongside great colleagues and challenging myself in my work environment. • I am very professional in my work. Confidentiality, integrity and being efficient are really important. 		<p>I was self-employed for ten years delivering Metro bus timetables over the Christchurch area, this job was perfect while bringing up a young family. I went on to study, achieving a Diploma in Social Work as well as a Diploma in Social Services. This was really exciting, learning new skills and making a decision that I wanted to make a difference in people's lives. I worked in a day service for young people with intellectual disabilities and getting them involved in their own community was very satisfying. One of my twin boys Te Ramanui caught an air born virus when he was three weeks of age, the damage has left him with an intellectual disability. I have been a very strong advocate for him. Te Ramanui left school in 2016 so I have first-hand experience in the EGL process. I believe in EGL as Te Ramanui has control over his own life, he does not need to fit into somebody else's square box, his future is tailored around him.</p>
	<p>Contact via hannah@eglives.co.nz</p>	<p>What people appreciate about me</p>
	<p>I live in Linwood/Avonside</p>	<ul style="list-style-type: none"> • The way I can think outside the square to get the best outcomes for people. • My great sense of humour. I have been told that I am very uplifting and engaging. • I can help people see the big picture of what their dreams are, make a plan so they can implement it. • My passion for making a difference in people's lives.

<p>What is important to me – How do I enable my good life?</p>	<p><i>Sue van der Byl</i></p> 	<p>Background info</p>
<p>The following parts of my life are important to me:</p> <ul style="list-style-type: none"> • My Family are the most important thing to me. My husband and I have two sons aged 18 and 22 years - both are studying. • I love living in the country and have a few sheep and chickens on our lifestyle block. • I have a large vegetable garden and really enjoy growing our own food. • We have a little caravan and like to visit wild places to explore and go fishing. • I have weekly walks with my friends and love to get together to share good food and wine. • I love to spend time with my Mum who lives nearby. 		<p>I have spent 25 years working in the disability sector in a variety of positions in New Zealand, Britain and Australia. Soon after graduating with a Master's Degree in psychology (Canterbury University) I set off on a working holiday travelling in Asia, Africa and Europe. I enjoyed meeting a lot of wonderful people and eating great food along the way. Our youngest son was diagnosed with dyspraxia at the age of three - I have personally experienced the journey of finding the best for our son and bring that experience to my position. I am well connected in the North Canterbury community.</p>
	<p>Contact via hannah@eglives.co.nz</p> <p>I live in North Canterbury.</p> <p>My other roles / work :</p> <ul style="list-style-type: none"> • Manager of Delta Friendship Link 	<p>What people appreciate about me</p> <p>My colleagues have told me that they appreciate:</p> <ul style="list-style-type: none"> • I have great rapport with all types of people. • I don't make judgements and am open minded. • I am dedicated to improving people's lives. • I can help people identify their dreams and put plans in place to achieve them. • I have a lot of energy and the ability to motivate people. • I am relaxed and reliable. • This is not just a job to me – enabling good lives is a passion.