

# Enabling Good Lives

## Independent Facilitation

### What is an Independent Facilitator and how do I make the most out of them?

An EGL Independent Facilitator (previously known as an Enabling Good Lives Navigator) is an ally who assists a disabled person and their family to dream big, make a plan for the future and connect with their local community.

### When can I work with an Independent Facilitator?

2018 and 2019 school leavers are entitled to **ten hours of free independent facilitation**, with the ability to purchase more hours with your EGL personal budget if you choose to.

### What will they do?

Some of the things Independent Facilitators can do with you and your family include:

- Build a trusting relationship; with you and with your family
- Connect with others who are involved; wider family and friends, school, LifeLinks ...
- Help you (and your family) dream and plan about what a good life might look like. Not being restricted to what we might have always thought before, but aiming really high, and then figuring out how to take the first steps towards that
- Helping you access and use your EGL personal budget
- Assisting you to find out what is in your local community that you might be interested in
- Helping you find out and connect to who else might be able to help. These might be local people in your community, friends and family (perhaps forming a Circle of Support) agencies (e.g. supported employment, Work and Income, Housing NZ ...)
- Support you to negotiate with disability support services, if you choose to use them

### What won't they do?

Things that your Independent Facilitator won't do (but can help you find the people to do this if you wish) include ...

- Make decisions or speak on your behalf
- Refer you to disability support services (but we'll help you make the most out of them, should you choose to use them)
- Introduce you to the community (but we can help you find out who to connect with)
- Another person's job (e.g. an Independent Facilitator is not a support worker, or a transition teacher or a budget adviser...)

## Who will my Independent Facilitator be?

We have a number of Independent Facilitators for you to choose from. Check out the profiles on the next pages, and think about

- Who captured your interest?
- Who has the skills and experiences you think might be helpful?
- Who lives near you so might know what is available in your community?

Please let Hannah Perry know who you would like to work with so that she can connect you with that person. See below for contact details.

The intention is for an Independent Facilitator to be someone who is “just there for me, with no other loyalties”. In Christchurch, because we do a limited amount of work with a small group of young people, the Independent Facilitators have other roles and do other work. We want to be upfront where there are any potential “conflicts of interest” and have listed other roles and work on each person’s profile.

Regardless of any other roles they hold, EGL Independent Facilitators will not influence a person’s choice, they will help young people and their families to explore all options, and they do not benefit from any of the decisions that are made.

Following your ten hours free independent facilitation, if you are looking to purchase further assistance the most important thing to ensure is that your Independent Facilitator is

- a) Independent (they do not benefit from any of the choices you make)
- b) A facilitator (they might make it EASIER for you to do things, but they don’t do things for you)
- c) Understands the principles of Enabling Good Lives and works with you in an “Enabling Good Lives” way

Although it is likely that for many families the connections and skills you have developed will be sufficient to 'self-navigate'.

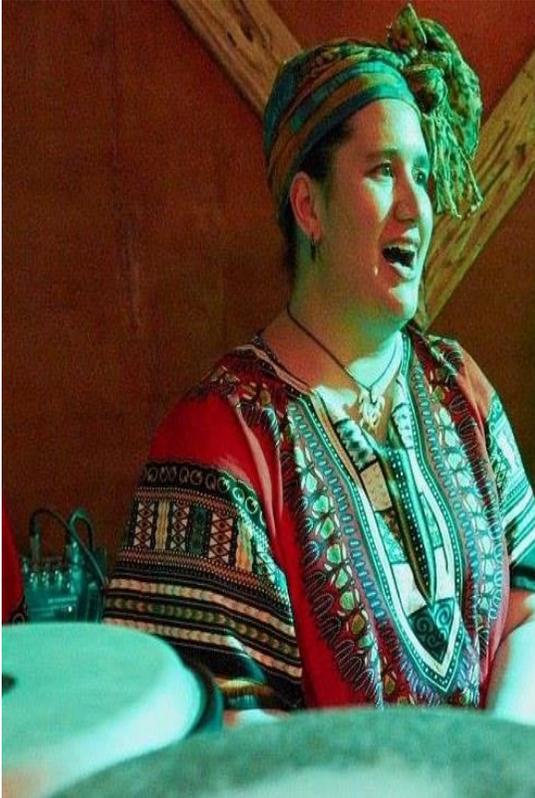
### **Hannah Perry**

Enabling Good Lives Christchurch

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| <p><b>What is important to me – How do I enable my good life?</b></p>   | <p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Julie Bacon</b></p>    | <p><b>Background info</b></p>   |
| <p>My family and friends are very important to me. I am married and have two adult children and three grandchildren who I spend a lot of time with. I am involved in their lives and I am very useful as an after school carer and I love playing with them.</p> <p>I have a group of good friends with whom I go for long walks in the hills and solve the world's problems or so we think at the time. I play golf regularly but with no skill and am currently starting to play bridge with friends. I enjoy my time at the gym and at regular Pilates sessions. I have been with my book club for many years and I enjoy reading, knitting, sewing at home.</p> <p>I have enjoyed continuing to work with Deaf students in the new navigator role and it is important to me to give them support to reach their goals.</p> <p>I believe that I have a good balance in my life and I endeavour to assist clients to achieve this also.</p> |  | <p>I have worked in Deaf education for 40 years and have worked with all ages of students but my passion is the transition area where I have worked with students who are finishing school. This is where my new role as a navigator can draw on my past skills and experiences. I have also worked as an ORS teacher with autistic students at schools in the Christchurch area.</p> <p>I have always been involved with the families of the students and have a good relationship with the teachers also. I am familiar with the opportunities open to the students in the Christchurch area and am committed to helping the students fulfil their dreams in the future and to enable them to have a good life.</p> |
|   | <p><b>Contact via <a href="mailto:hannah@eglives.co.nz">hannah@eglives.co.nz</a></b></p> <p>I live in Clifton</p> <p><b>My other roles / work :</b></p> <p>I am a relief teacher with Deaf students at van Asch Deaf Education Centre.</p> | <p><b>What people appreciate about me</b></p> <p>My colleagues in education have always told me that they admire the energy and professionalism I have brought to the job. They have told me that I am hard working and always do the best I can for the students. They have talked about the way I am always positive and good humoured but persevere to achieve results.</p>  |

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| <p><b>What is important to me – How do I enable my good life?</b></p>   | <p><b>Maganui Stewart (Mags)</b></p>   | <p><b>Background info</b></p>   |
| <p>To have a good life I make sure that have a balance between work and my personal life. I am able to do this with the variety of work, the people I meet and my life as a performing musician.</p> <p>I think maintaining positive relationships with family, friends and my community keeps me grounded and grateful for the life I have.</p> <p>I am passionate about music and I perform and teach West African drumming and dance in communities and schools workshops around New Zealand.</p> <p>I love singing and dancing and I love to encourage others to experience the freedom in this.</p> <p>I also believe in a flexible work environment, sometimes we can't work a 9 to 5 job and so I am aware that for some families it might suit to meet in the evenings or on a weekend.</p> |   | <p>I have been a self employed musician for a couple of years now after working 'normal' jobs. I have always danced and played music , it is my life. I have a range of experience in management roles from hospitality to construction but I always put people first!</p> <p>When I was 15 going on 16 I used to help run a soup kitchen in the central city with my uncle and I also worked at The City Mission.</p> <p>I grew up in Linwood/Philipstown so I got to see and experience A LOT.</p> <p>I currently work casually for the CDHB as an Occupational Therapy and Physiotherapy Assistant in Older Persons Mental Health. I have also worked as an assistant to Julie Wylie at the Champion Centre.</p> <p>I teach West African Drumming through the Muse and sometime collaborate with White Elephant Trust.</p> |
|   | <p><b>Contact via <a href="mailto:hannah@eglives.co.nz">hannah@eglives.co.nz</a></b></p> <p>I live in New Brighton</p> <p><b>My other roles / work :</b><br/>Teacher of Dance, West African Drumming, Ukulele<br/>Allied Health Assistant</p> | <p><b>What people appreciate about me</b></p> <p>Friends and colleagues have told me I have a 'way' with people, that I am warm and engaging. I like to make sure people feel comfortable, not judged and that I am present for them. I am a strong advocate for anyone in need, and my family thought I would be a lawyer or politician because of the way I can make things happen.</p>   |

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| <p><b>What is important to me – How do I enable my good life?</b></p>  |  <p style="text-align: center;"><b>Lisa Hortin</b></p>                   | <p><b>Background info</b></p>   |
| <p>My family is very important to me, I have been married for 21 years. We have five children between us three boys (including twins), two girls and three grandchildren. Watching our family / whānau grow is very exciting as well as rewarding.</p> <ul style="list-style-type: none"> <li>• I enjoy riding my 55 year old bike around the city and surrounding areas as Christchurch is always changing.</li> <li>• My children and I enjoy walking around the beautiful walking tracks we have here in Christchurch. Also camping out by the river.</li> <li>• I love catching up with friends over coffee, movies, walks, darts or a lunch date.</li> <li>• Enjoy the warmer months so I can get out into our vegetable garden/garden with a nice BBQ for tea.</li> <li>• I really enjoy learning new things, at the moment I am learning how to weave flax and I'm in my second year learning this art form.</li> <li>• Working alongside great colleagues and challenging myself in my work environment.</li> <li>• I am very professional in my work. Confidentiality, integrity and being efficient are really important.</li> </ul> |  | <p>I was self-employed for ten years delivering Metro bus timetables over the Christchurch area, this job was perfect while bringing up a young family. I went on to study, achieving a Diploma in Social Work as well as a Diploma in Social Services. This was really exciting, learning new skills and making a decision that I wanted to make a difference in people's lives. I worked in a day service for young people with intellectual disabilities and getting them involved in their own community was very satisfying. One of my twin boys Te Ramanui caught an air born virus when he was three weeks of age, the damage has left him with an intellectual disability. I have been a very strong advocate for him. Te Ramanui left school in 2016 so I have first-hand experience in the EGL process. I believe in EGL as Te Ramanui has control over his own life, he does not need to fit into somebody else's square box, his future is tailored around him.</p> |
|  | <p><b>Contact via <a href="mailto:hannah@eglives.co.nz">hannah@eglives.co.nz</a></b></p> <p>I live in Linwood/Avonside very close to the central city.</p> | <p><b>What people appreciate about me</b></p> <ul style="list-style-type: none"> <li>• The way I can think outside the square to get the best outcomes for people.</li> <li>• My great sense of humour. I have been told that I am very uplifting and engaging.</li> <li>• I can help people see the big picture of what their dreams are, make a plan so they can implement it.</li> <li>• My passion for making a difference in people's lives.</li> </ul>  |

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| <p><b>What is important to me – How do I enable my good life?</b></p>   | <p><b>Sue van der Byl</b></p>    | <p><b>Background info</b></p>   |
| <p>The following parts of my life are important to me:</p> <ul style="list-style-type: none"> <li>• My Family are the most important thing to me. My husband and I have two sons aged 18 and 22 years - both are studying.</li> <li>• I love living in the country and have a few sheep and chickens on our lifestyle block.</li> <li>• I have a large vegetable garden and really enjoy growing our own food.</li> <li>• We have a little caravan and like to visit wild places to explore and go fishing.</li> <li>• I have weekly walks with my friends and love to get together to share good food and wine.</li> <li>• I love to spend time with my Mum who lives nearby.</li> </ul> |  | <p>I have spent 25 years working in the disability sector in a variety of positions in New Zealand, Britain and Australia. Soon after graduating with a Master’s Degree in psychology (Canterbury University) I set off on a working holiday travelling in Asia, Africa and Europe. I enjoyed meeting a lot of wonderful people and eating great food along the way. Our youngest son was diagnosed with dyspraxia at the age of three - I have personally experienced the journey of finding the best for our son and bring that experience to my position. I am well connected in the North Canterbury community.</p> |
|   | <p><b>Contact via <a href="mailto:hannah@eglives.co.nz">hannah@eglives.co.nz</a></b></p> <p>I live in North Canterbury.</p> <p><b>My other roles / work :</b></p> <ul style="list-style-type: none"> <li>• Manager of Delta Friendship Link</li> </ul> | <p><b>What people appreciate about me</b></p> <p>My colleagues have told me that they appreciate:</p> <ul style="list-style-type: none"> <li>• I have great rapport with all types of people.</li> <li>• I don’t make judgements and am open minded.</li> <li>• I am dedicated to improving people’s lives.</li> <li>• I can help people identify their dreams and put plans in place to achieve them.</li> <li>• I have a lot of energy and the ability to motivate people.</li> <li>• I am relaxed and reliable.</li> <li>• This is not just a job to me – enabling good lives is a passion.</li> </ul>               |

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| <p><b>What is important to me – How do I enable my good life?</b></p>  | <p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Neve Soryl</b></p>  | <p><b>Background info</b></p>  |
| <ul style="list-style-type: none"> <li>• My family and friends are very important to me. I have two older siblings who are living overseas, and a younger brother who is still at school. I am flatting with my best friend, and our two fish and three snails!</li> <li>• I love being a student and learning every day!</li> <li>• I really enjoy catching up with my friends. We love trying out new places to eat and exploring our developing city!</li> <li>• I enjoy learning languages! I am learning Māori at University, I learnt Japanese in High School and I do NZ Sign language night classes.</li> <li>• I love travelling and learning about different cultures. My favourite place in the world is Japan, but I am forever researching all the other places in the world I want to explore!</li> <li>• I love being in nature, swimming at the beach and exploring the different walks and outdoor activities Christchurch has!</li> <li>• I also enjoy reading, swimming, and sewing.</li> </ul> |   | <p>I am currently studying a Bachelor of Social Work at University. I love my classes and enjoy learning new skills and tools to help people and make a difference to people’s lives. I went to a bilingual kura and continue to learn Māori and be involved with Māori culture. As well, I lived in Rarotonga when I was younger and was fully immersed in the Cook Islands ‘way of life’. I really learnt a lot!</p> <p>Currently, I work with a 13-year-old with disabilities, supporting her on outings in the community. I have also worked with families for back to school support at the City Mission and worked on holiday programmes at the YMCA and other volunteering within the community. Through this community work, as well as my own experiences, I am familiar with the variety of opportunities and supports available in the Christchurch area. Leaving school not long ago myself has also given me an insight to how it feels to navigate into independence and work towards my hopes and dreams.</p> |
|  | <p><b>Contact via <a href="mailto:hannah@eglives.co.nz">hannah@eglives.co.nz</a></b></p>  | <p><b>What people appreciate about me</b></p>  |
|  | <p>I live in St Albans.</p> <p><b>My other roles / work:</b><br/>I support a 13 year old with disabilities. I also work part time in a bakery.</p>                        | <ul style="list-style-type: none"> <li>• I am enthusiastic and positive</li> <li>• I am a problem solver and am good at thinking outside of the box</li> <li>• I am a good listener and very open-minded</li> <li>• I persevere and don’t give up easily</li> <li>• I am passionate about helping people achieve their dreams and goals</li> </ul>   |

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| <p><b>What is important to me – How do I enable my good life?</b></p>   | <p><b>Louise Winder</b></p>    | <p><b>Background info</b></p>  |
| <p>My kids are a terrific part of my life and I'm really proud of them. My son finished school last year and works at the new Hoyts EntX part time. He lives with me, and some of my happiest times are spent playing board games or UNO with him, watching Netflix or discussing philosophical life questions until the early hours. My daughter is in her second year at Otago Uni, so I don't see so much of her. However, we share a love of keeping tropical fish and often discuss our aquariums and our lives via snapchat. I also have a lovely cat called Charlotte who is very cuddly, and I find that having her curl up on my knee is very soothing after a busy day.</p> <p>I really enjoy learning new things, so I do quite a bit of study and I'm close to finishing a counselling degree at Canterbury Uni. One of the other things I love to do is get into my garden, I find it so peaceful and therapeutic. You wouldn't think that at the moment though as it's totally got away on me and the weeds are waist high!</p> <p>I used to own a horse and still enjoy a bit of riding with friends. I recently became involved in Blokarting (land yachting) which is a real buzz, especially down at the beach. Last month I tried zip-lining for the first time which is pretty much like going on a flying fox. It's good fun, but expensive! I love sailing and have done lots of racing and coastal passages. In 2015 I helped sail a 54-foot yacht from Wellington to Noumea, New Caledonia, an amazing ten-day trip. Racing my 1967 MG Midget at Ruapuna and qualifying as a Medic in the NZ Army Territorials are also bucket-list items I've been able to cross off! There are so many opportunities in life!</p> |  | <p>I left school wanting to be a vet but mucked around too much during my first year at uni! I stayed interested in science and have enjoyed a fascinating career as a research scientist growing wool in tissue culture and exploring the DNA of insects. It still fascinates me, and I continue with this work part-time. I taught the molecular biology (DNA) stuff to students at uni and polytech for many years and loved helping them develop hope and passion for their futures.</p> <p>Over the years we have had family experiences of mental health challenges and of supporting people on the autism spectrum. This began leading me along a different career path, one involved with helping people find solutions to their problems and supporting them through some of the more challenging bits.</p> |
|   | <p><b>Contact via <a href="mailto:hannah@eglives.co.nz">hannah@eglives.co.nz</a></b></p>   | <p><b>What people appreciate about me</b></p>  |
|   | <p>I live in Cashmere</p> <p><b>My other roles / work:</b></p> <p>Student at Canterbury University<br/> Scientist at AgResearch<br/> Intern counsellor at Burnside High School<br/> Volunteer counsellor at Lifeline</p> | <p>My friends tell me that I'm easy to chat with and a good listener. I find they often come to me when they have life issues they want to talk over, and I enjoy helping them explore alternatives that may not have been obvious. People describe me as calm and patient, and I notice that I have developed those skills as I've gone through life. I often get feedback that people are surprised by how much change I inject into my life. When I find something new that I want to try, I tend to just go-for-it and make things happen by refusing to take no for an answer. There's often a way to make the impossible, possible.</p>  |

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| <p><b>What is important to me – How do I enable my good life?</b></p>   | <p style="writing-mode: vertical-rl; transform: rotate(180deg);"><b>Bridget Carter</b></p>    | <p><b>Background info</b></p>   |
| <p>The following parts of my life are important to me:<br/> My Family are a huge part of my life and they are most important to me. My husband and I have been married for 22 years, we have 2 beautiful boys on the Autism spectrum.</p> <p>I enable a good life by doing things I am passionate about, including trying new things and setting life goals.</p> <p>I enjoy supporting and following my sons' passions, interests and strengths.</p> <p>I am passionate about running and have competed in many places in New Zealand and around the world.</p> <p>I enjoy being part of others success/life goals and see it is a huge privilege.</p> <p>I love and enjoy outdoor activities.</p> <p>I enjoy coaching my youngest son with running, and volunteering with Mainline Steam with my oldest son.</p> |   | <p>After completing my Playcentre diploma my desire to learn more about inclusion has led me onto the path of facilitating roles and presenting about inclusive education. I have been an advisor and writer for narrative assessment and have presented to Ministry of Education staff about successful learning outcome for students with learning needs.</p> <p>I am currently a facilitator for the Tips for Autism course which focus on strength base, positive behaviour support / learning outcomes.</p> <p>I also work with a local girl with cerebral palsy with a focus on her strengths, interests and goals.</p> <p>My most important role is a parent to my beautiful boys on the autism spectrum, constantly learning alongside them.</p> <p>I have personal experience with both of my boys with their school education, community involvement.</p> |
| <p><b>Contact via <a href="mailto:hannah@eglives.co.nz">hannah@eglives.co.nz</a></b></p>  | <p><b>Contact via <a href="mailto:hannah@eglives.co.nz">hannah@eglives.co.nz</a></b></p>  | <p><b>What people appreciate about me</b></p>   |
|   | <p>I live in Darfield which is in the Selwyn district.</p> <p>My other roles / work :</p> <ul style="list-style-type: none"> <li>• National Educator Autism NZ</li> <li>• FANZ autism course Autism NZ</li> <li>• Support worker (private)</li> <li>• Supporting my sons to live a good life</li> </ul> | <p>People have told me that they appreciate:</p> <ul style="list-style-type: none"> <li>• My enthusiasm and energy</li> <li>• My dedication to supporting others to have a fulfilling life that matches the individuals own ideas.</li> <li>• My personal experience and ability to see and value everyone as an individual.</li> </ul>   |

